

UNITED STATES KARATE ALLIANCE

2026 EASTERN REGIONAL KARATE CHAMPIONSHIPS

Weapons – Kata – Kumite – Self Defense – Chanbara

OPEN TO ALL KOREAN, JAPANESE, OKINAWAN AND CHINESE MARTIAL ARTS STYLES AND ORGANIZATIONS



USKA Maximum
Triple Sanction

FEBRUARY 7, 2026

Louisiana Tech Lambright Center
Ruston, Louisiana



Pre-registration deadline February 4th.

(All pre-registered competitors will be bracketed in bottom half of kata divisions)

Registration: 8AM

Chanbara & Self-Defense 9AM

Adult Black Belt 10AM



For more information:

Buster Cotten

Bacotten@hotmail.com

WWW.USKARATEALLIANCE.COM



2026 South Central Regional Championships

U.S. Karate Alliance - Triple Maximum Sanction

Sponsored By: Louisiana Tech Karate Team/Cotten's Karate
Buster Cotten-Promoter/Director.

Date: **Saturday, February 7, 2026**

Register: Pre-register by February 4, 2026 to save money and to also be bracketed in kata in the bottom half of the eliminations. Registration: 7:30a.m. all day, Rules meetings: 10:30a.m. Send pre-registration and make payment to Buster Cotten. 425 Sandy Acres Drive. Quitman LA 71268

Location: Louisiana Tech Lambright Intramural Center—921 Tech Drive, Ruston LA 71272. (From I-20, take Tech Dr. South. In 1/4 mile take left on Bearcat Dr. Intramural parking will be on right.

Entry Fee: Pre-register by February 4th and receive the discounted fee \$65 for 1, 2 or 3 Traditional Events, \$5 discount with USKA membership. NO REFUNDS. Chanbara or Self-Defense competition an additional \$10 or \$25 for only event.

Spectators: Spectators: Adults-\$7.00 & Youth \$5.00 (under 6 years old –free)

Rules: U.S. Karate Alliance tournament rules: No face contact (below adult brown belt), 2min/5 pts win for all sparring divisions. Required Equipment: Traditional uniforms (sleeves past elbows), Foam safety equipment—head hands, feet & mouthpiece, Groin protector-all males.

Trophies: Beautiful custom awards will be awarded for 1st, 2nd, 3rd and 4th places. Medals awarded to all children kata competitors.

Times: Division:
Awards Ceremony.....8:30pm
Chanbara/Self-Defense.....9:00am
Adult Black Belt (weapons & forms).....10:00am
Weapons (Tots, Youth, Teen, Kyu).....11:00am
Adult men & women brown belt (forms & sparring).....1st open ring
7 yrs & under (beg/int/adv—forms & sparring).....11:30am
Adult Kyu (Blue Belt & Up) (forms & sparring).....11:30am
8 & 9 yrs (beg/int/adv—forms & sparring).....12:00pm
10 & 11yrs (beg/inter/adv - forms & sparring).....1:00pm
Adult men/women white/yellow belt forms & sparring)....1:30pm
12 & 13 yrs (beg/int/adv—forms & sparring).....2:00pm
14 & 15 yrs (beg/int/adv—forms & sparring).....2:30pm
16 & 17 yrs (forms & sparring)2:30pm
Adult men & women black & brown belts sparring.....3:30pm
Bracketing (staging) will be 30 min prior to starting time

Information: Buster Cotten Bacotten@hotmail.com

Ruston Hotels:

Courtyard Marriot	Holiday Inn Express
Sleep inn & Suites	Quality Inn Ruston
Fairfield Inn & Suites	Hampton Inn Ruston
Onyx Inn & Suites	Super 8
Best Western Plus	Days Inn & Suites

Men: Sparring/Kumite Divisions
Black Belt Grand Champion
Black Belt (division 1)
Black Belt (division 2)
Kyu Men (Blue Belt & Up)
Novice Men
Young Men Advanced (16-17)
Young Men Beginning
Teen Men Int/Adv (14-15)
Teen Men Beginning
Junior Men Advanced (12-13)
Junior Men Intermediate
Junior Men Beginning
Youth Men Advanced (10-11)
Youth Men Intermediate
Youth Men Beginning
Dragons Boys Advanced (8-9)
Dragons Boys Intermediate
Dragons Boys Beginning

Women:
Black Belt
Kyu Women (Blue Belt & Up)
Novice Women
Young Women Adv (16-17)
Young Women Beg
Teen Women Advanced (14-15)
Teen Women Beginning
Junior Women Advanced (12-13)
Junior Women Beginning
Youth Women Advanced(10-11)
Youth Women Beginning
Dragons Girls Advanced (8-9)
Dragons Girls Beginning

Children (m/f):
Tiny Tigers Adv. (6-7)
Tiny Tigers Beg
Mini Mites m/f (5 and under)

Chanbara: (divisions per age group)
Adult (16 & over)
Teen (14-15)
Junior (12-13)
Youth (10-11)
Dragons (8-9)
Tiny Tigers (4 & 5) (6 & 7)
(No. of competitors limited per division)

*****In order to comply with new national ranking guidelines for events sanctioned by the U.S. Karate Alliance, a promoter must combine any sub-divisions with less than three (3) competitors. Purple belt may be placed in inter/adv. Division*****

Men: Forms/Kata Divisions
Black Belt Grand Champ (M/F)
Black Belt (maybe split)
Kyu Men (Blue Belt & Up)
Novice Men

Women:
Black Belt
Kyu Women (Blue Belt & Up)
Novice Women

Children M/F:
Young Adult Adv. m/f (16-17)
Young Adult Beg. m/f (16-17)
Teen Int/Adv m/f (14-15) 1 div
Teen Beginning m/f
Junior Advanced m/f (12-13)
Junior Intermediate m/f
Junior Beginning m/f
Youth Advanced (10-11 M/F)
Youth Intermediate
Youth Beginning
Dragons Advanced (8-9 M/F)
Dragons Intermediate
Dragons Beginning
Tiny Tigers Adv. (6-7 M/F)
Tiny Tigers Beginning
Mini Mites m/f (5 under)

Weapons:
Black Belt Men
Black Belt Women
Kyu Division
Teen Division (14-17)
Youth Division (12-13)
Youth Division (10-11)
Dragons Division (9 & under)

Self-Defense:
Adult Black Belt
(Men/Women-16 yrs & older)
Adult Kyu M/W
(Beg/Int/Adv1 div)
Youth (Int/Adv, 1 div)

*****Self-Defense/One-Step division only offered to intermediate and advanced ranked competitors in Youth and Adult divisions. Divisions may be split based on number of competitors*****

